

# BRASS

BAYOU RUNNERS ASSOCIATION

P.O. BOX 607 HOUMA, LA 70361



Time is running out to sign up for the 2009 Grand Prix Series. Awards will be given at the December Christmas party to the winning runners and walkers. Awards will be for overall and age groups. The deadline for signing up will be August 31<sup>st</sup>.

Come join BRASS at Peltier Park in Thibodaux on July 18<sup>th</sup> for the next summer series race. Breakfast will be served. We will also unveil the current 2009 Grand Prix standings at this race. This race will be a 2 miler.

The Gator Dash is August 29<sup>th</sup> at the Bayouland YMCA. We are encouraging all BRASS members, sponsors and supporters to come out, as this is the clubs main race to raise money for the club. We will have special BRASS gift bags for all participants and special gifts for all BRASS members in attendance. We look forward to seeing everyone there, and don't forget to bring a friend.

## COMING SOON

BRASS will be combining forces with the Bayou Country Cyclist to put on Houma's first Duathlon. We are planning to have this event either September 19<sup>th</sup> or September 26<sup>th</sup>. Please check the website for updates. Also check the Bayou Country Cyclist website [www.bccbike.org](http://www.bccbike.org) for updates and for their upcoming events and training rides.

Also on October 10<sup>th</sup>, the Voice of the Wetlands will present a 5K/10K race in the evening. This race will be in coordination with the festival being held at Southdown Plantation. The race will also be held at this location and entry into the festival is free to all. There will be Great music all night long. Scheduled musicians will appear in future newsletters and on the application.

Start your training now. Coming in November or December 2010 will be the first BRASS marathon. The logistics are still being worked out but we are hoping to have this event take place between Houma and Thibodaux (starting in one city and finishing in the other, if possible and if permits allow). We will start offering training groups real soon.

## BRASS Upcoming Races

**Summer series** 7-18-09

**Gator Dash** 8-29-09

**Duathlon** 9-19-09 or 09-26-09

**Voice of the Wetlands** 10-10-09

**ADAC** TBA

**Race for Life** TBA

**Bayou Blue Methodist** 10-31-09

**BRASS Halloween Dash** 10-31-09

**YMCA** 11-7-09

**Thibodauxville** 11-14-09

## Other Area Races

**Triathlon** 8-22-09

**Race for the Cure** 10-17-09

**Tri City Track Club**

**Summer Series** 7-10-09

**Summer Series** 8-7-09