



BRASS

Bayou Runners Association



JANUARY NEWSLETTER

Welcome to a new year of running!!!!.

On Valentine's Day (Sunday Feb. 14th) we will have a dash at BRASS member Heather Palm's house. The course will be in her neighborhood in Gray, consisting of two 1 mile loops. There are no side streets. Refreshments will be served. This is a team/ partner competition that will be scored by total time. The winning team will receive 1 gift certificate to a local restaurant. The top three overall male and female will receive awards. Directions: From Hwy 90 and Hwy 316, Maxine Blvd is located ¾ of a mile from the Big Wheels Gas stations and Casino. The neighborhood has a sign that says Woodland Heights as you turn in. Address is 223 Maxine Blvd. Gray, LA 70359. There is a parade that day and law enforcement will be moving floats, so please allow enough time to get to the start.

The Coastal Awareness Project is scheduled for March 6. Check the website in the upcoming weeks for final details for a unique upcoming event. This event is to bring awareness to coastal restoration. There will be no set distance to run, and you can either in teams or join in along the way. We will run from Houma to Isle de Jean Charles. This is around 26 miles (marathon distance). This event is NOT a race and we are planning on running as a group. Maps will be on the website for jump in points along the way, or just join for the last 2 miles.

The Crescent City Classic qualifier we were hoping to put on has been cancelled this year. We will have it next year. Please look to some of the other area 10K's to get your qualifying time.

Winners of the New Years Day Dash

Male

1. Kent Thibodaux
2. Mike Fish
3. George Robichaux

Female

1. Raquel Gros
2. Stephanie Lirette
3. Rebecca Durocher

	Super Cooper (5K) – 3-27-10 (GP) Houma
Valentine's Day Dash – 2-14-10 Houma (GP bonus pts)	Crescent City Classic (10K) – 4 -3-10 New Orleans
Coastal Awareness Project – 3-6-10 Houma	Habitat For Humanity (5K)– 4-17-10 (GP) Thibodaux
Tunnel Run (5K)– 3-13-10 Houma	Panda Meander (5K)– 4-24 -10 (GP) Houma
Max Charter School (5K)– 3-20-10 (GP) Thibodaux	Run For Excellence (5K) – 5-8-10 (GP) Houma