



FIRST ANNUAL  
**TARPON TRI**

AUGUST 22, 2009 – BAYOU BLACK, LA

**TRied & Conquered**

All proceeds benefit the Bayou Black Swim Team

[www.tarpontriathlon.com](http://www.tarpontriathlon.com)

**Race Start Time:** 8:00 a.m.

**Registration:** 6:30 - 7:30 a.m.

**Where:** Bayou Black Gym & Pool

**Mini-Triathlon:**

150 yard pool swim (staggered start)

10 mile bike: Helmet required (Southdown Mandalay)

3.1 mile run (Southdown Mandalay)

**Entry Fees:**

**Individuals:**

\$35 registered by Aug. 14<sup>th</sup>

\$45 after Aug. 14<sup>th</sup> through race day

**Relay Teams:**

\$70 registered by Aug. 14<sup>th</sup>

\$90 after Aug. 14<sup>th</sup> through race day

\* Tarpon team member's \$5 discount

**Awards:**

1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Overall Male/Female

1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place finishers in each age group

**Age Groups for Male/Female:**

14&U, 15-19, 20-29, 30-39, 40-49, 50-59, & 60+

**Mail registration with check payable to:**

TPRD #9 (Bayou Black Gym)

3688 Southdown Mandalay Dr.

Houma, LA 70361

\*Registration by August 6<sup>th</sup> will guarantee specific shirt size.

**Packet pick up at Bayou Black Gym:**

Friday, August 21<sup>st</sup> 4:00 - 6:00 p.m.

Race Day 6:30 – 7:30 a.m.

**Food, drinks and music after the race!**

Name or Team Captain Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Age on race day: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

Estimated 150 yard swim time: \_\_\_\_\_ Tarpon Team Member: \_\_\_Y\_\_\_N Gender: \_\_\_M\_\_\_F

Shirt size: XS S M L XL XXL (please circle) Email: \_\_\_\_\_

**Liability Waiver must be signed before submitting.**

In consideration of my accepting this entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors, waive and release any and all rights and claims for damages I may have against the city of Houma, Terrebonne Parish Consolidated Government, TPRD #9, and all sponsors, their representatives and successors from all claims or liabilities of any kind with my participation in this event. I attest and verify that I am physically fit and sufficiently trained for the competition of this event. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, records or any other record of this event for any purpose whatsoever.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or guardian signature if under 18 years old)